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If you have been wondering that a slight spark of inspiration and wisdom is just what has been missing from your days, maybe a quick motivational read on the side of your coy morning coffee or an intriguing idea to wrap up a busy day? This book will end your search!

This Author is a nordic-born author whose main drive in writing fiction is to empower the youth with the key skills and knowledge to enjoy a passionate life, never forgetting what is most important - To Live Out our Personal mission with heaps of fun and a joyful sparkle in the eyes.



5.0 x 8.0
203 mm x 127 mm

0.375
10mm

METAPHORS OF MINDFULNESS



Tim Wood

5.0 x 8.0
203 mm x 127 mm